

## THIS WEEK AT A GLANCE

### Sunday – October 11

**9:15 am**

**10:00 am**

**11:15 am**

**Prayer Group, Room 2**

**Worship, Sanctuary**

**UWF Bake Sale, Gathering Space**

**Children's Choir, Room 1**

**Youth Sunday School, Lower Ed Room 6**

**Social Concerns Class, Lower Ed**

**Studies of the Bible, Room 4**

**Gospel Choir, Sanctuary**

Iglesia Pentecostal Jesus Rey De Reyes, Sanctuary

**12:15 pm**

3:00 pm

### Monday – October 12

**7:00 pm**

**Trustees, Room 4**

### Tuesday – October 13

**7:00 pm**

**Finance, Room 4**

### Wednesday – October 14

**9:45 am**

**6:30 pm**

**Women's Bible Study, Room 1**

Women's AA, Upper Ed

### Thursday – October 15

**12:00 pm**

**7:00 pm**

**Lunch Bunch, Room 1**

**Bible in a Year, Zoom**

**Chancel Choir, Sanctuary**

### Friday – October 16 - Office Closed

7:00 pm

AA, Upper Ed

### Saturday – October 17

**8:00 am**

**10:00 am**

7:00 pm

**United Methodist Men, Gathering Space**

**United Women in Faith, Gathering Space**

Iglesia Pentecostal Jesus Rey De Reyes, Sanctuary

(IPUL) Bible Study, Upper Ed

#### **October 4, 2026**

In-Person Worship - 103

Online Worship - 42

Small Groups - 63

General Fund Giving - \$7,324.26

Other General Fund Income - \$2450

To make a financial gift through online giving, please use the QR code.





Hymnals and Bibles are available on the rolling carts near the entrance of the sanctuary. Feel free to take one for use during the service and then return it to the cart after worship.

Please complete a Weekly Connect Card found in the bulletin and place it in the offering bag when it is passed during the service.

Please be aware that photography and video recording/live streaming occur during our worship service and are used on social media. Our children and youth are often included. If you do not want your child in any photos or videos, please speak with one of the ushers.

We love children! There are several opportunities for children to grow during worship. Our Family Worship Space offers quiet resources and activity bags to help families engage children during worship. Children may take items to their seats or sit at the table when it's available. An adult worship-table helper is present to gently guide and encourage children in worship, and parents/caregivers are still encouraged to sit near their children. Childcare is available for infants through age 5 during Worship and the Sunday School hour in the nursery at the end of the main hallway.

Laity Sunday is October 18th with a service planned by members of our Worship Design Team. This is a special day to celebrate everyday people whose faith shows up in real life—through prayer, service, leadership, and simply being there for one another. As United Methodists, we're part of a laity-driven, connected church, supporting one another so no congregation or pastor carries ministry alone. On this Sunday, our worship will feature an interview-style message with folks from our own congregation sharing their faith journeys and how they live out God's love.

Support Kairos and the Finegans as they serve. Rossana and Michael Finegan will be serving on Kairos weekends in October and November. Kairos brings hope to incarcerated men and women, and there are many ways to help. Supplies are available for pickup on the glass table.

- 1. **Pray** during the weekends — sign up using the links in the weekly Enews or the information at the info table in the Gathering Space.  
**Donate** — checks payable to *Kairos of Virginia*; write "CVCU" in the notes and give to the Finegans.
- 2. **Decorate placemats and posters** — color with love! No glue or glitter.
- 3. **Write encouraging notes** — address up to 30 to "Dear Sister in Christ" and/or 30 to "Dear Brother in Christ" or leave blank. Leave envelopes open. Share prayers, scripture, or words of encouragement. Sign your name or "Sister/Brother in Christ."
- 4. **Bake cookies!**

Questions? Reach out to Rossana Finegan: rossanafin@yahoo.com

| This week's "Bible Through the Year" readings:                                     |                |           |                |
|------------------------------------------------------------------------------------|----------------|-----------|----------------|
| Oct 11th:                                                                          | Luke 24:1-53   | Oct 12th: | John 1:1-2:12  |
| Oct 13th:                                                                          | John 2:13-3:36 | Oct 14th: | John 4:1-54    |
| Oct 15th:                                                                          | John 5:1-6:21  | Oct 16th: | John 6:22-7:9  |
| Oct 17th:                                                                          | John 7:10-8:58 | Oct 18th: | John 9:1-10:42 |
| Join us for an informal, one-hour group conversation on Zoom this Thursday at 7pm: |                |           |                |
| Meeting ID: 884 822 1386                                                           |                |           |                |
| Passcode: rzRn4s                                                                   |                |           |                |

### Pastors and Office Contact Information

Lead Pastor: Lisa Barbery  
[LisaBarbery@vaumc.org](mailto:LisaBarbery@vaumc.org)  
703-298-0169

Associate Pastor: MiRhang Baek  
[MiRhangBaek@vaumc.org](mailto:MiRhangBaek@vaumc.org)  
404-680-7743

Administrative Assistant: Christina Hart-Perkins  
[adminassist@gsumc.net](mailto:adminassist@gsumc.net)  
703-670-6127

GOOD SHEPHERD IN MINISTRY

**Monthly Prayer for Our Church**  
*Join us by including this in your daily prayer time  
and at all church gatherings.*

God of grace and belonging, we give you thanks for how you connect us to you and one another. Remind us that your table is wide, your love draws us together, and every person has gifts to share. By your Spirit, deepen the bonds of this community and open us to relationships across the boundaries we create. Help us listen, care, and recognize your grace at work in every generation. Reconnect us with the gifts and purpose you have given us, and send us together to participate joyfully and generously in your transforming work.  
In Christ’s name we pray, Amen.

**Pastor MiRhang will be away through October 17th for a conference and vacation.** During this time, she will not be available or respond to her phone and email.

**Pastor Lisa is serving on jury duty for the next three weeks.** She will have limited access to her email and phone during the day. In case of emergencies, please contact the church office.

**Thank you to the United Women in Faith as they serve in worship this morning.** As we celebrate the ministries of this organization, we invite the congregation to support their work through their monthly bake sale following the worship service today.

**2nd Sunday Children's Choir:** The children will meet in Room 1 after worship for their monthly choir rehearsal. We look forward to hearing the children next week in worship.

**Lunch Bunch meets this week!** Join us on October 15th at 12 pm for a once-a-month potluck meal and time of fellowship. Bring a dish to share.

- Save the Date:**
- 1) **Young Adult Lunch** (18 - 35ish years) is Sunday, October 25th. Join our Young Adults for a time of food, fellowship, and making plans for upcoming activities.
  - 2) **Hoops and Friends**, a one day basketball workshop, will be held on November 7th from 9:30 am to 12:30 pm. This is a free event for ages
  - 3) Our next **Parents’ Night Out** is Friday, November 13th. If interested in volunteering (youth and adults), please contact Janae Tschudi-Evatt or Hannah Barbery. Registration will be available in a couple of weeks.

ORDER OF WORSHIP  
Twentieth Sunday After Pentecost  
United Women in Faith

(\*) Please stand as you are able for this act of worship.  
**Bold Print indicates congregational/unison responses.**

|                             |                                                                                                                                                                                                                                                                                                                                      |                       |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| *Gathering Song             | <i><b>There’s A Song of Love In My Heart</b></i>                                                                                                                                                                                                                                                                                     | FWS 2141              |
| *Words of Welcome           |                                                                                                                                                                                                                                                                                                                                      |                       |
| *Gathering Words            |                                                                                                                                                                                                                                                                                                                                      |                       |
|                             | Creator God, we praise you!                                                                                                                                                                                                                                                                                                          |                       |
|                             | <b>Risen Christ, we greet you!</b>                                                                                                                                                                                                                                                                                                   |                       |
|                             | Holy Spirit, we are one body by your grace.                                                                                                                                                                                                                                                                                          |                       |
|                             | <b>You alone are holy, and we worship you.</b>                                                                                                                                                                                                                                                                                       |                       |
|                             | You gather us as one people around the world:                                                                                                                                                                                                                                                                                        |                       |
|                             | <b>one in Christ, one in your Spirit, and one in our worship of you.</b>                                                                                                                                                                                                                                                             |                       |
|                             | We give thanks for the gathered community, and for your presence among us!                                                                                                                                                                                                                                                           |                       |
|                             | <b>Alleluia! Make us one, God! Make us one! Alleluia!</b>                                                                                                                                                                                                                                                                            |                       |
| *Hymn                       | <i><b>I Come With Joy</b></i>                                                                                                                                                                                                                                                                                                        | UMH 617               |
| Ministry Moment             |                                                                                                                                                                                                                                                                                                                                      | United Women in Faith |
| Good Shepherd in Ministry   |                                                                                                                                                                                                                                                                                                                                      |                       |
| Praising God with Our Gifts |                                                                                                                                                                                                                                                                                                                                      |                       |
| Offertory Music             | <i><b>Yes, Lord</b></i>                                                                                                                                                                                                                                                                                                              |                       |
| *Doxology                   |                                                                                                                                                                                                                                                                                                                                      | UMH 94                |
| Children’s Time             |                                                                                                                                                                                                                                                                                                                                      |                       |
| Prayer for Understanding    |                                                                                                                                                                                                                                                                                                                                      |                       |
|                             | <b>God of love, like a loving mother who has prepared a wonderful meal, you call all of your children to your table, to share together, to be at peace with each other, to tell our stories, to nourish one another, and most of all to feast on your grace. Feed us with your Word, that we may truly be children of God. Amen.</b> |                       |
| Scripture                   | 1 Corinthians 11:17-26                                                                                                                                                                                                                                                                                                               | NT 162                |

Anthem

When I Come Into His Presence

Pastoral Prayer

Blessing of New Communion Chalice

Message

Pastor Lisa

Invitation, Prayer of Confession, and Words of Assurance

Merciful God, we confess that we have not loved you with our whole heart. We have failed to be an obedient church. We have not done your will, we have broken your law, we have rebelled against your love, we have not loved our neighbors, and we have not heard the cry of the needy. Forgive us, we pray. Free us for joyful obedience, through Jesus Christ our Lord. Amen.

Hear the good news: Christ died for us while we were yet sinners; that proves God's love toward us. In the name of Jesus Christ, you are forgiven!

In the name of Jesus Christ, you are forgiven! Glory to God. Amen.

Holy Communion

All are welcome at the table

\*Prayer After Communion

Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others, in the name of Jesus Christ our Lord. Amen.

\*Hymn

Jesus Shall Reign

UMH 157

\*Benediction

Postlude

Ask Ye What Great Thing I Know (The Call)

Votive Candle Stand.

Our votive candle stand invites contemplative prayer. Feel free to light a candle before or after our service, or during communion.

Worship Resources Used:

Gathering Words and Prayer of Understanding: *Unfolding Light* by Rev. Steve Garnaas-Holmes

Flowers on the Altar:

The altar flowers are given today by Felicia Abiagye in celebration of Koby Amankwah's birthday.

PRAISES AND PRAYERS

Prayer requests remain for 4 weeks unless otherwise updated. Please submit, update, or remove a prayer request via the Connect Card or by contacting the church office.

Remember in Prayer (as of October 4, 2026)

Don Abrell - recovery from stroke

Deveney Family - loss of Michael's father

Dollie Patton - Herndon family during time of loss and adjustment

Jimmy Reed- brother Robert, undergoing heart procedure

JoAnne and John Neal - JoAnne, undergoing chemo; John, health problem; Sandy Lorter, cancer

Kanouff's - Katherin Busch, Michael Kanouff, William Busch, Natalia Busch, Egor Chichin, Vitalik Chichin, Olga Litouchenko, Tamera Kanouff

Kathy McNeil - Myra Keiffer, at home convalescing

Lisa Barbery - her grandmother, Dorothy

Mark Cohen - Heart surgery Oct 12th

Neneh Kanneh - husband Sheikh Kanneh, eyesight and health

Pam Buchenauer- Frank, recovery from fall and Mother died; Lori, hospitalized; Ron, recovery from surgery

Pat Pearsall - Kelly Kalles, finger surgery

Uni Samura - rehab at home, continued paralysis

Will DeBord - recovering from hospitalization and anticipating surgery soon

Winnie Agyin - Samuel Agyin, recovery from stroke

Vandergrift Family - Ulysses, cancer

Our country and our nation's leaders

For all places experiencing natural disasters, storm recovery, and wildfires

For all places experiencing war, violence, and humanitarian crisis

For those who struggle with mental health and the families that love them